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Ed Level: 12th Class

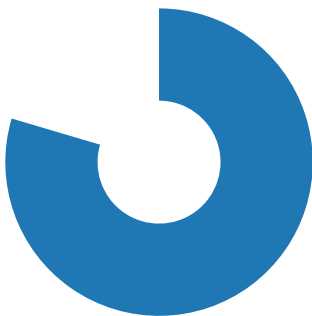
Taking the **21st Century Life skills & Learning Assessment** can help you know where your life and work related skills are. This test helps to gauge how well you command these skills.

This way if you need some brushing up, you know what areas to focus on. Taking the 21st century skills test can help you learn how your life skills are and where they can be improved.

This report categorizes the **12 life skills into Subcategories**. The scores obtained on the tests will indicate areas you are strong at and can be used to your advantage. It will also help you understand where your **weak points** are, so that you can **effectively work on them**.

Your Life Skill Score

Cognitive - 81%



Digital - 81%



Interpersonal - 100%



Intrapersonal - 62%



The term “**21st-century skills**” refers to a specific range of core competencies like critical thinking, interpersonal skills, interpersonal skills. and digital literacy that are believed to not only help students & individuals to succeed in today’s education environments but also function well once they graduate onto the workforce.

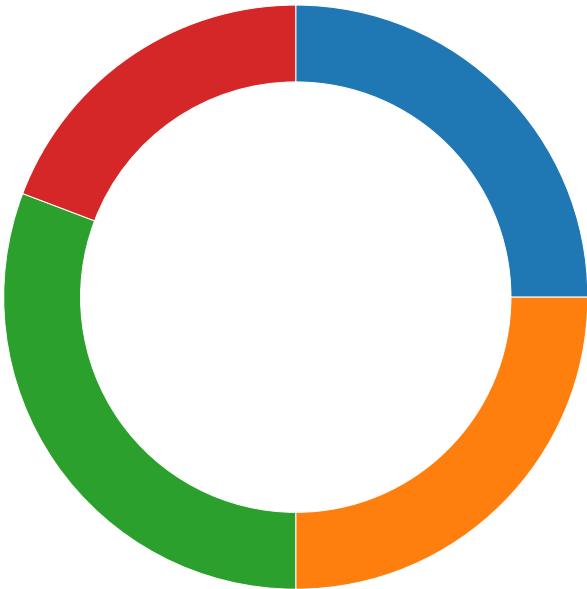
There are **4 Main parameters** and sub parameters within it. Framework is designed taking in consideration of parameters suggested by **World Economic Forum & WHO on 21st century curriculum, skills and education requirements**.

Skills & Learning Wheel



This is a visual representation of the building blocks of life skills which we call it as 21st Century Life Skills & Learning Wheel ". Every individual has a unique set that they have acquired over time and it's important to recognize this when one is presenting different aspects of their life to be put into perspective.

Evaluate Yourself on Your Life Skills



Interpersonal Skills

100%

Interpersonal Skills are measured by the four abilities of

- Collaboration / Teamwork
- Leadership
- Flexibility / Adaptability
- Communication.

Intrapersonal Skills

62%

Intrapersonal Skills or Self Awareness is measured by

- Empathy
- Resilience
- Initiative
- Persistence / Grit

Cognitive Skills

81%

Cognitive skills are measured by the four abilities of

- Decision making
- Problem solving
- Critical thinking
- Learning and Curiosity

Digital Skills

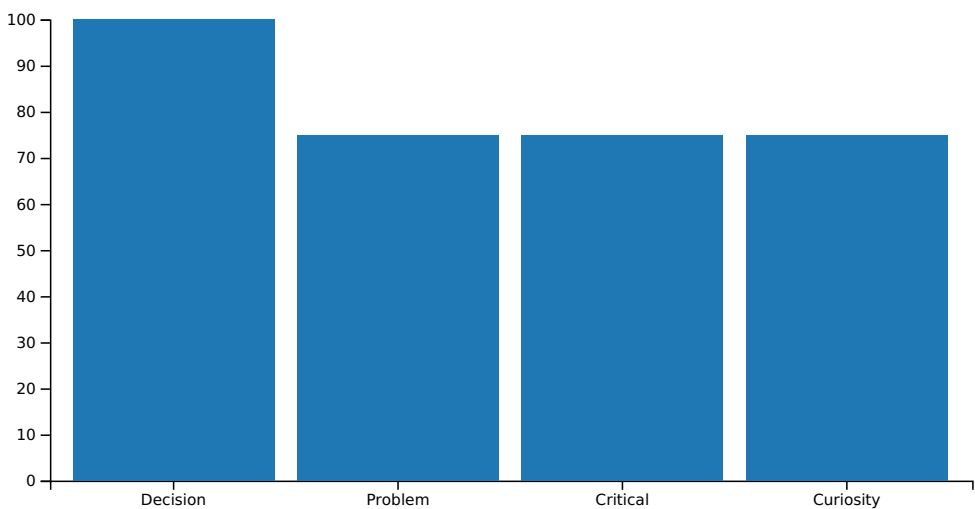
81%

Digital Skills are measured by the four abilities of

- Media Literacy
- Information Literacy
- Communication Technology
- Internet Skills

Deep Dive into Life Skills

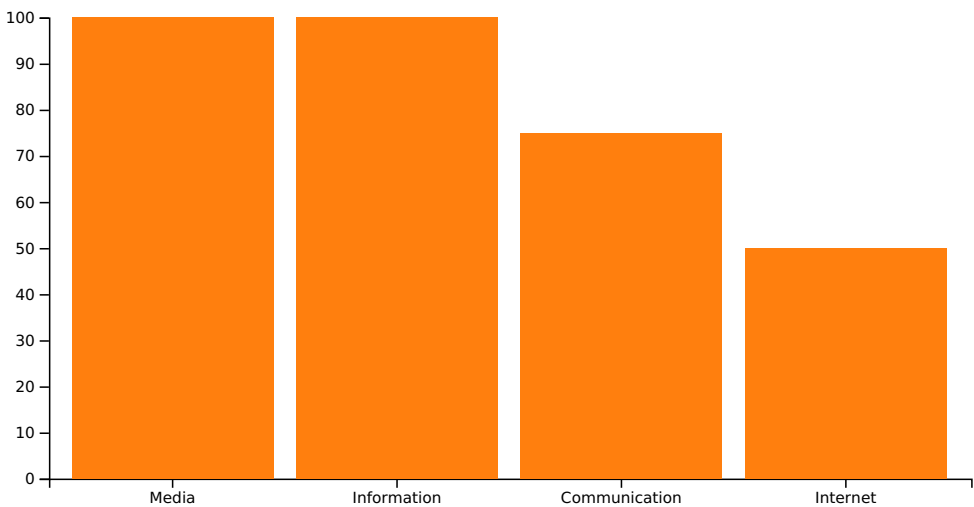
Cognitive Skills



Category	Result	Description
Decision Making	100%	Decision making involves choosing to do something by weighing up the pros and cons of different alternatives
Problem Solving	75%	Problem solving is the act of defining a problem; determining the cause of the problem; identifying, prioritizing, and selecting alternatives for a solution
Critical Thinking	75%	Critical thinking is the analysis of how people read, process and evaluate information using their existing knowledge, facts, observations and arguments
Curiosity	75%	Curiosity- a natural human desire to know or learn more about those around us
Want Details?	Take this report to the counsellor for better understanding	

Deep Dive into Life Skills

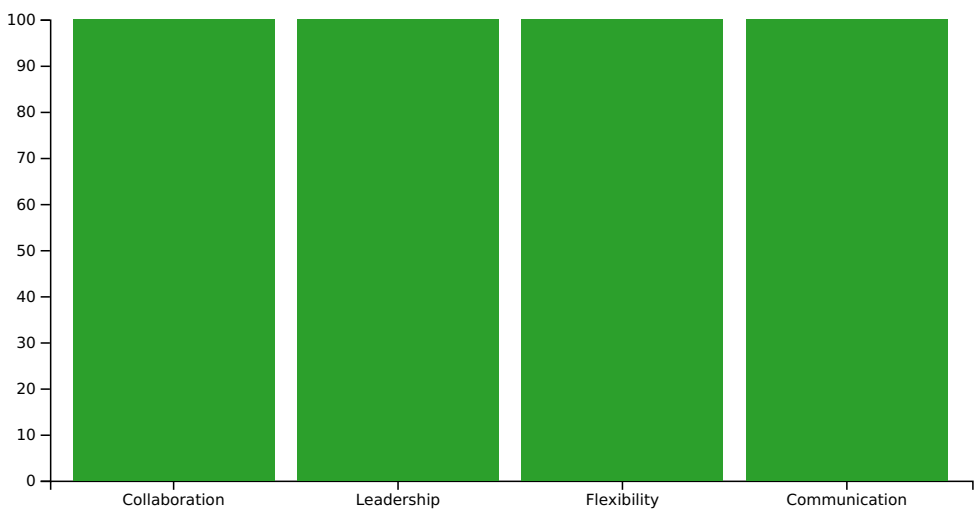
Digital Skills



Category	Result	Description
Media Literacy	100%	Media literacy is the ability to identify, access, analyse, evaluate, create different types of media and understand the messages they're sending
Information Literacy	100%	Information literacy is the ability to find, evaluate, organize, use, and communicate information in all its various formats
Communication Technology	75%	Refers to the use of technology for communication and one's ability to process information and converse with people through various technologies
Internet Skills	50%	The skills to operate an Internet Browser, operate online search engines and complete online activities like filling forms, collecting and creating informations etc
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Deep Dive into Life Skills

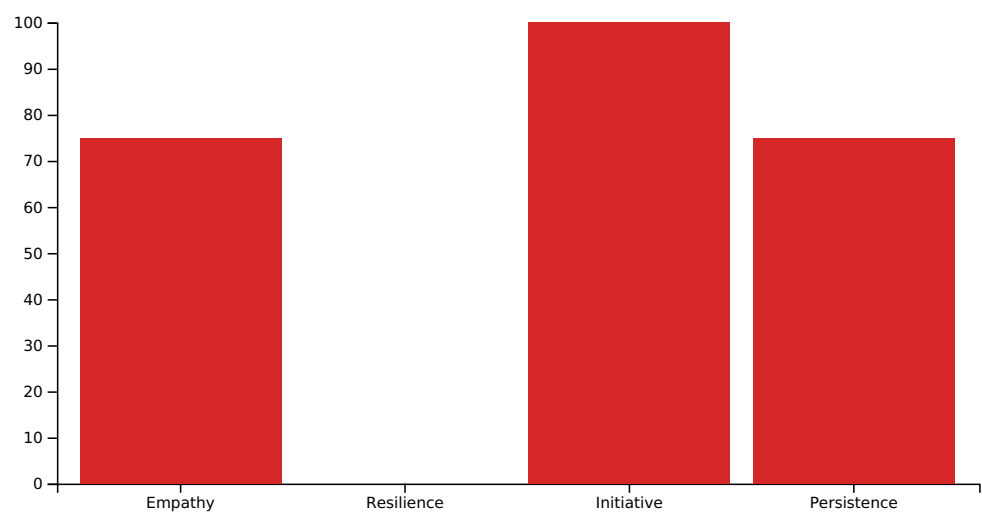
Interpersonal Skills



Category	Result	Description
Collaboration	100%	The activity of working together in a group with other people, especially when this is successful
Leadership	100%	Leadership is the ability of an individual or a group of individuals to influence and guide followers or other members of an organization
Adaptability	100%	Adaptability refers to the ability to adapt and adjust to changes with ease.
Communication	100%	Communication skills is the ability to convey information and ideas effectively
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Deep Dive into Life Skills

Intrapersonal Skills



Category	Result	Description
Empathy	75%	Empathy is defined as an individual's ability to identify with another person's thoughts, feelings, and behaviours
Resilience	0%	Resilience is the ability to withstand bad times and bounce back from difficult life events
Initiative	100%	Initiative skills refer to your ability to assess a situation and take action without direction from someone else
Persistence	75%	If you have persistence, you continue to do something even though it is difficult or other people are against it
Want Details?	Take this report to the counsellor for better understanding	

Recommendations Based on Your Score

- ★ Seed and Grow a flowering plant , vegetable plant and water it till it grows
- ★ Find a sunny spot and mark your shadow in morning , noon and evening
- ★ Visit nearby NGO
- ★ Make naked eggs by putting egg in vinegar for a day
- ★ Design a presentation on canva about places you want to visit
- ★ Find top 10 News mobile apps on app store
- ★ Make a video reel of your travel photo and upload on instagram
- ★ Search top 10 websites in the world for news
- ★ Find 10 new words with their meanings for next 30 days and write it down
- ★ Attend a seminar or a webinar of a topic of your choice
- ★ Record a video of 5 minutes on your best vacation and what you did in that
- ★ Record a 5 minute video on a topic of your choice and upload on social media profile
- ★ Join a drawing class, dancing class, music class
- ★ Play with your friends in the nearest park for the next 4 weeks on weekends
- ★ Do meditation for 5 minutes daily for next 60 days maintain timing of it in your notes
- ★ Let your child help you in arranging dinner tables

